



24 HOURS WITH PALM OIL

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SEAFast
CENTER



GAPKI
Indonesian Palm Oil Association

24 HOURS WITH PALM OIL

Palm oil is one of the leading commodity in Indonesia. Palm oil is generally used as the main vegetable cooking oil in a wide range of the world's population. But we do not realize, other than as cooking oil, palm oil is also present in our daily needs. The illustration below describes the palm oil components that we use every day. Enjoy **24 Hours with Palm Oil**.

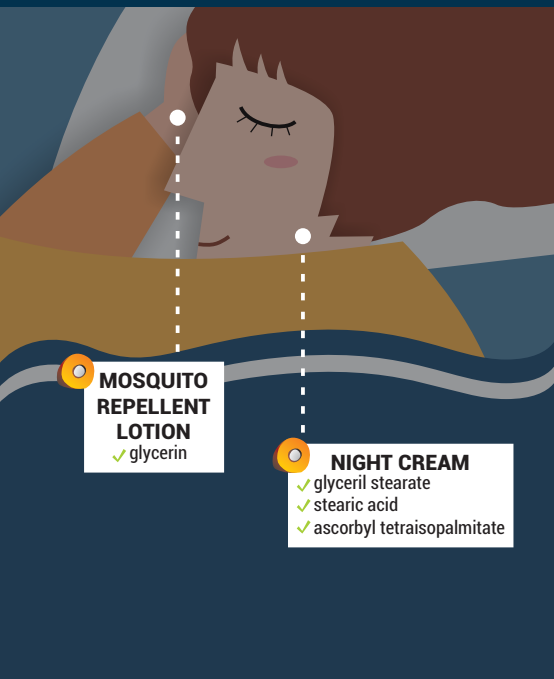


RINGG



05.00

Waking up in the morning.



SALAD DRESSING
✓ emulsifier



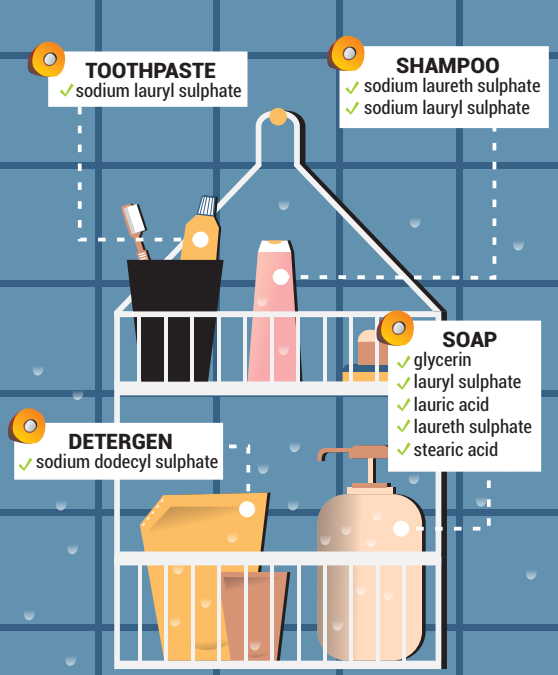
21.00

Before going to bed, we use mosquito repellent lotion that contains glycerin.



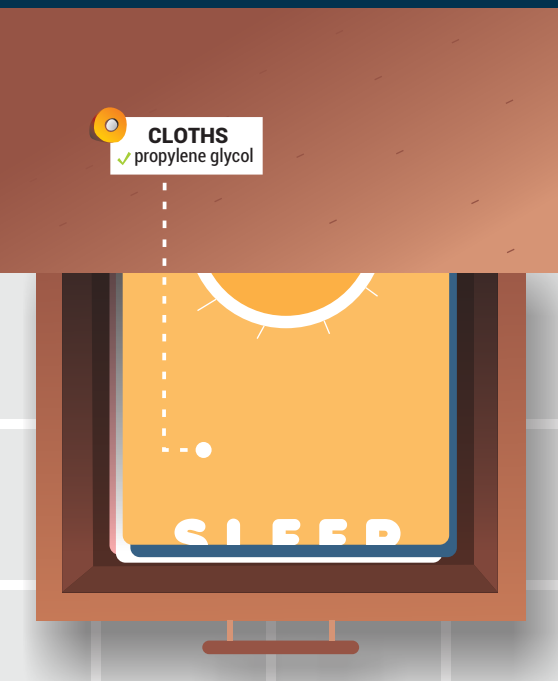
19.00

Dinner with salad dressing contains emulsifiers produced from palm oil.



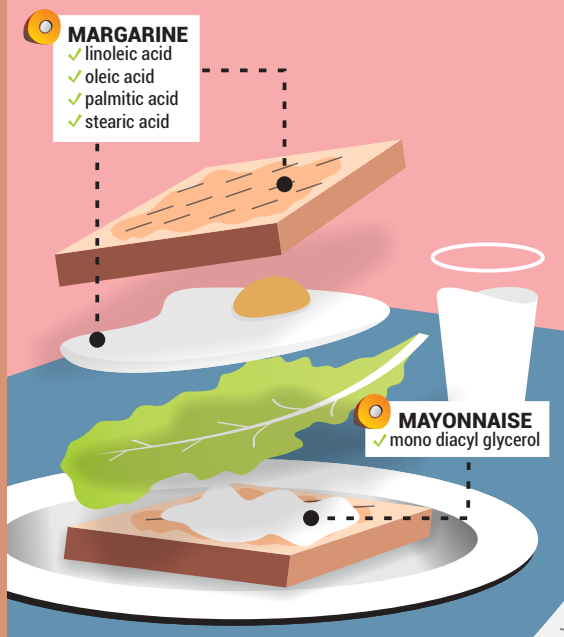
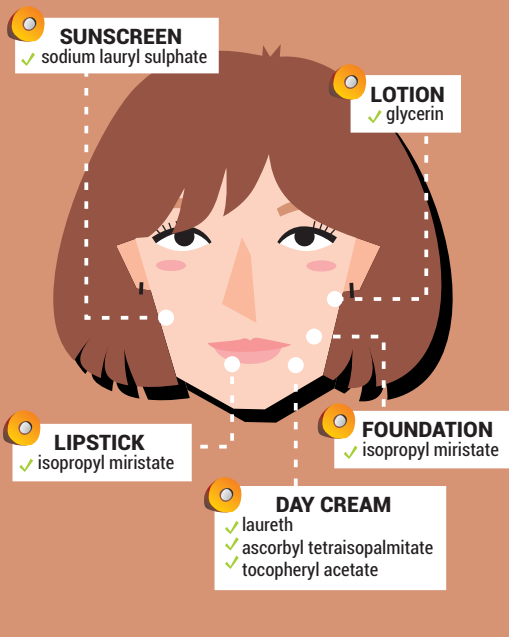
05.30 We brush our teeth in the morning using toothpaste containing lauryl sulphate which is made from palm oil.

06.00 Propylene glycol from palm oil is present in the clothes we wear daily.



17.30 Propylene glycol from palm oil is present in the clothes and other fabrics we wear and use daily.

17.00 Bathing soaps, shampoos and other toiletries contain glycerin, lauryl sulphate, and other natural compounds derived from palm oil.



06.20

Lipstick, foundation and other cosmetics also contain isopropyl miristate from palm oil as a natural source.

06.40

Mayonnaise and margarine we like on our sandwich contain mono diacyl glycerol from palm oil.



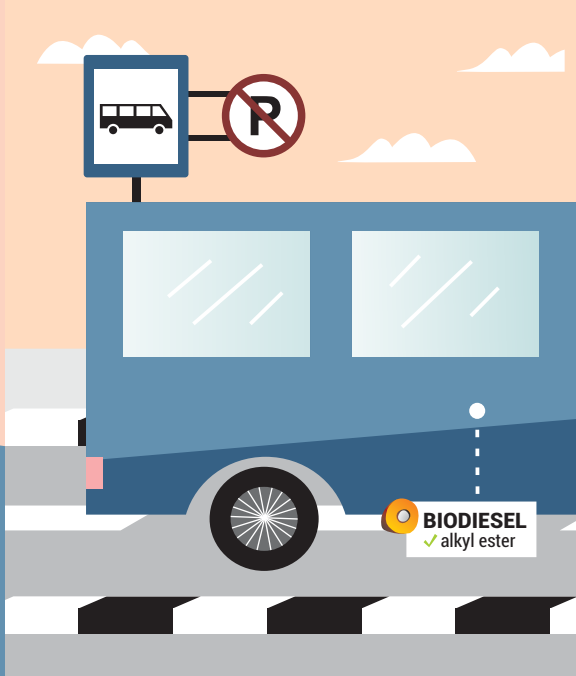
16.00

Going home using biodiesel bus containing alkyl ester.



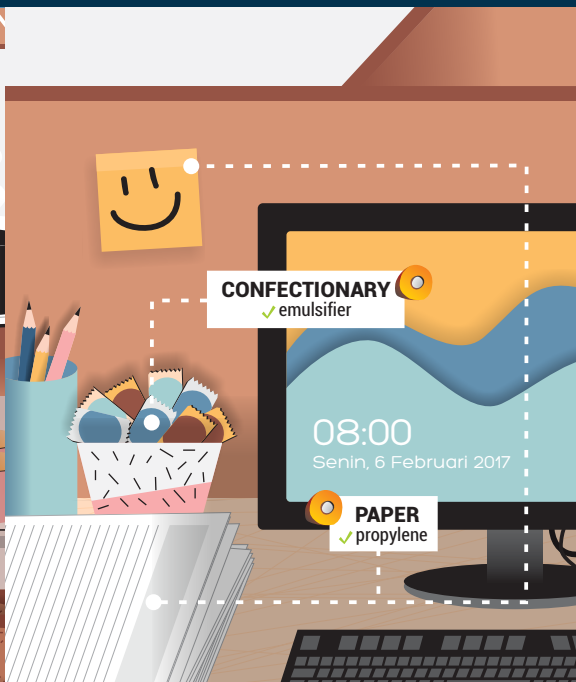
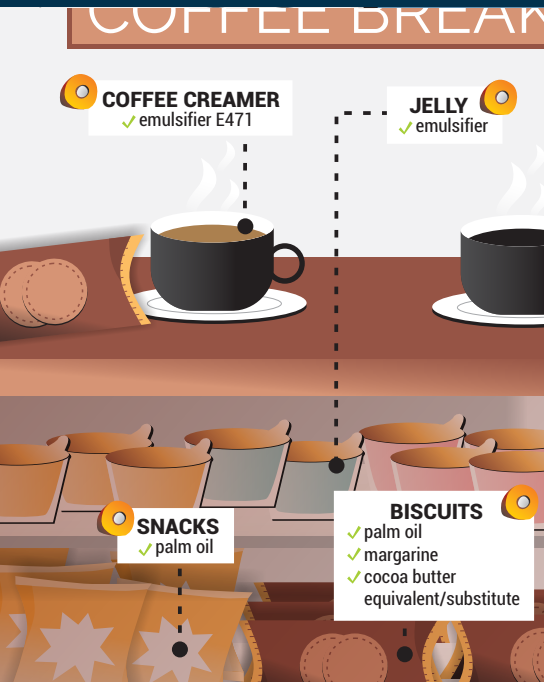
12.00

Lunch with eggs and fries fried using palm oil.



🕒 07.15 News Paper contains propylene glycol which also from palm oil.

🕒 07.30 The bus we ride to school, the office and other places, runs on palm oil biodiesel.



🕒 10.00 Coffee Time! The creamer we like contains emulsifier E471 that is produced from palm oil. As do the biscuits and snacks to go with our coffee.

🕒 08.00 Did you know that your everyday paper contains propylene from Palm Oil?